

CATHOLIC CHARITIES

Bebé/Parto/Embarazo, Consejería/Salud mental, Grupos de Apoyo/Programas
507-454-2270

THE CENTER CLINIC

Salud Reproductiva, Exámenes Médicos, Salud Mental
507-633-9200

COMMUNITY PATHWAYS

Ropa/Alojamiento familiar, Comida, Entrega en el Mercado, Furnishing Hope
507-455-2991

HEALTHFINDERS

Servicios Médicos, Dentales, Salud Conductual
507-214-6662

MNPRAIRIE COUNTY ALLIANCE

Emergencia/Seguridad, Servicios Financieros, Comida, Alojamiento familiar, Uso de Sustancias/Adicción, Utilidades, Listado de cuidado Infantil, Gestión de Casos (-65 yrs), Navegador de Seguros Médicos
507-431-5600

SEMCAC

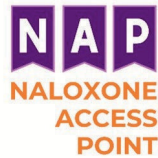
Servicios Financieros, Comida (*Senior Dining, Meals on Wheels*), Alojamiento familiar, Información y Referencias, Grupos de Apoyo, Transportación, Asistencia Energética, Head Start (3-5 yrs)
507-451-7134

SPERO

Consejería/Salud Mental, Uso de Sustancias/Adicción, Grupos de Apoyo, Gestión de Casos, Alojamiento familiar
507-451-2630

STEELE COUNTY PUBLIC HEALTH

Bebé/Parto/Embarazo, Vacunación, Información y Referencias, Comida (*WIC*), Atención Domiciliaria, Gestión de Casos (65+ yrs)
507-444-7650



- Beyond Brink
- Spero
- Steele County Public Health
- United Way



Los Buzones de entrega se encuentran en la Lobby de:

- Owatonna Police Dept
- Steele County Law Enforcement Center
- Blooming Prairie City Hall

Se ha instalado una caja para desechar agujas afiladas en el exterior del edificio Steele County Public Health.



En colaboración con:



Public Health
Prevent. Promote. Protect.
Steele County Public Health

La información sobre proveedores y servicios contenidos en este folleto no constituye un respaldo.

Revised September 2025

STEELE COUNTY

DIRECTORIO DE RECURSOS



BEBE / PARTO / EMBARAZO

Amazing NewbornClinic 507-444-7900 Baby Café 507-977-2446 Lutheran Social Services (*adopción*) 1-800-582-5260 Milk Depot 507-977-2446 Steele County Diaper Bank 507-977-2455 Steele/Rice/Dodge Breastfeeding Coalition 507-322-6111

CUIDADO INFANTIL

Department of Human Services 651-431-3809
Steele County Child Care Association 507-475-1280
Tri-Valley Early Head Start (*ages 0-3*) 507-455-2203

CONSEJERIA / SALUD MENTAL

Fernbrook Family Center 507-446-0431
Parent Warm Line 1-888-584-2204
Prairie Care of Southern MN 507-218-3701

CUIDADO DENTAL (*acepta MA*)

HealthySmiles 507-319-6845
Let's Smile 507-455-4063
Southern Heights Dental Group (*Faribault*) 507-334-6433
Southern MN Community Dental (*Waseca*) 507-835-3050

EMERGENCIA / SEGURIDAD

Crisis Resource Center (*DV/SA*) 507-451-1202
Crisis Response Team (*saludmental-24 hr*) 1-844-274-7472
Non-Emergency Services 507-451-8232
MN Poison Control Center (*24 hora*) 1-800-222-1222

EMPLEO / SERVICIOS VOCACIONALES

Cedar Valley Services 507-451-5897
Divine Mercy Catholic Church/School 507-334-7706
Doherty Staffing Solutions 507-444-9088
Express Employment Professionals 507-455-3002
Masterson 507-451-5043
Specialty Personnel Services 507-451-5773
Spherion 507-451-3400
Steele Co Works 507-451-7970
Steele County Employment Services 507-431-5770
Workforce Center (*desempleo*) 507-431-2275

SERVICIOS FINANCIEROS / EDUCACIÓN

Children's Remedial Fund (*dental, ojo*) 507-444-8737
HomeTown Credit Union (*educ. financiera*) 507-451-3798
LSS Financial Counseling 1-888-577-2227
Lutheran Social Service 1-800-582-5260
Steele County Ministerial Association 507-451-1032
St Vincent De Paul 507-676-5508

COMIDA

ChannelOne Food Bank 1-877-500-8699
Community Meals 507-451-4853
.....Mondays at Our Saviors Church 507-676-5508
.....Tuesdays at St Joseph's Church 507-451-8548
.....Wednesdays at Bethel Church 507-451-4520
.....Thursdays at Trinity Church 507-473-0230
Ellendale Food Shelf 507-455-2991
Meals in Motion Mobile Food Shelf 507-583-7369
Meals on Wheels 507-684-3311
.....Blooming Prairie 507-455-3195
.....Ellendale 507-455-3195
.....Medford 1-888-711-1151
.....Owatonna (*Mobile Meals*)
MN Food HelpLine

Senior Dining
.....Blooming Prairie 507-583-7369
.....Ellendale 507-684-3311
.....Owatonna 507-455-3195

CUIDADO DE LA SALUD

Children's Hospital (*Minneapolis/StPaul*) 612-813-6000
Compcare Urgent Care
Gillette Children's (*St Paul*) 651-249-1308
651-291-2848
Olmsted Medical Center 507-935-5601
Open Door Health Center (*MA&sinseguro*) 507-388-2120
Owatonna Clinic (*Mayo*) 507-451-1120
Owatonna Hospital (*Allina*) 507-451-3850

ALOJAMIENTO FAMILIAR

Beds for Kids (*Trinity Lutheran Church*) 507-451-4520
The Lighthouse of Southern MN 507-414-8022 Owatonna
HRA Rental Assistance Program 507-774-7318 Steele
County Transitional Housing 507-446-9315 Two Rivers
Habitat for Humanity 507-516-0575

INTERPRETES / IMMIGRACION

Adult Learning Center 507-444-7900
Immigration Services (*USCIS*) 1-800-375-5283
Language Line 1-800-752-6096

ASISTENCIA LEGAL / ABOGACIA

Child Safety Seat Recall Info 1-800-424-9393
Child Support Info/Payment Line 1-800-657-3512
HOME Line 1-866-866-3546
Housing Discrimination Complaints 1-883-454-0148
Human Rights Commission 507-777-7341
Minnesota Disability Law Center 1-612-334-5970
MN Assistance Council for Veterans 1-833-222-6228
Senior Legal Services (*Senior Commons*) 507-444-4280
Southern MN Regional Legal Services 1-888-575-2954
US Consumer Product Safety 1-800-638-2772

SERVICIOS DE NECESIDADES

ESPECIALES

ARC (*apoya a personas con incapacitates*) 507-433-8994
Courage Kenny (*Owatonna Hospital*) 507-977-2150
Disability HUB MN 1-866-333-2466
Early Childhood Special Education/ECFE 507-583-6615
.....Blooming Prairie 507-451-5250
.....Medford 507-684-3181
.....NRHEG 507-444-7900
.....Owatonna 507-282-0649
March of Dimes – SE MN 952-838-9000
PACER Center 1-888-460-1815
Semcil-SE MN Center for Ind. Living

USO DE SUSTANCIAS / ADICCION

AA/Al-Anon/Alateen 507-451-8610
Adult & Teen Challenge Treatment Ctr. 1-612-373-3366
American Council of Alcoholism 1-800-527-5344
Beausterre Recovery Institute (*pagoprivada*) 507-211-5869
Beyond Brink 507-779-7091
Fountain Centers - Albert Lea 507-377-6411
Fountain Centers – Owatonna (*solo virtuales*) 507-451-0511
Mayo Nicotine Dependence Center 1-800-344-5984
My Life My Quit (*adolescentes*) 1-855-891-9989
Quit Partner (*adultos*) 1-800-784-8669
Narcotics Anonymous (*NA*) 507-451-8610
Overeaters Anonymous www.oa.org
Quit Partner Helpline 1-800-784-8669

GRUPOS DE APOYO / PROGRAMAS

Alzheimer's & Dementia Support Group 507-213-1305
American Cancer Society 1-800-227-2345 American Heart
Association 1-800-242-8721 Big Brothers Big Sisters of
Southern MN 507-451-5922 Caregiver Support Group 1-
651-760-3533 Center for Family Unity 507-455-1190
Children's Support Group 507-451-1202 Compassionate
Friends 507-455-1636 Epilepsy Foundation of MN 1-800-
779-0777 Give Kids Smile Free Dental Care 211/1-800-543-
7709 Healthy Seniors of Steele County 507-774-7648
History Partners Memory Café 507-451-1420 Men Who
Batter 507-451-2630 Minnesota Aging Pathways 1-800-
333-2433 The MomCo (*mamás de niños hasta 5 grado*)
www.themom.co Survivors Domestic Abuse Sup Grp
(*DV/SA*) 507-451-1202 Trinity Grief Support Group 507-
451-4520 West Hills Social Commons 507-444-4321 Young
Life 507-451-9401

TRANSPORTACION

FirstChoice Shuttle 507-573-3457
Greyhound Bus 1-800-231-2222
Jefferson Lines 1-858-800-8898
Quality Transportation 507-573-1427
R&S Transport 1-800-656-5080
Royal Transportation 507-214-2781
SMART Bus 1-855-762-7821
Straight River Taxi 507-573-3451

UTILIDADES

Blooming Prairie Public Utilities 507-583-6683
Center Point Energy 1-800-729-6164
Energy Assistance Program (*EAP*) 1-800-944-3281
Gas Affordability Program (*GAP*) 1-800-245-2377
Heat Share - Minnesota 1-866-455-6472
Owatonna Public Utilities 507-451-2480
Steele-Waseca Cooperative Electric 507-451-7340

Esta información fue recopilada por Steele County Public Health. Si alguna información en este folleto es incorrecta, póngase en contacto con nosotros a 507-455-7650. Gracias!

Distressed Way
Bad Conditions
Call Before You Dig
24/7 Text Line
Emergency
Suicide & Crisis Lifeline 988

Para obtener recursos adicionales sobre salud mental, uso de sustancias, alimentación, atención dental, atención a largo plazo o grupos de apoyo, visite la página web de Recursos comunitarios de SCPH:

https://www.steelecountymn.gov/public_health/community_resources.html

